



## Arkansas Dental Health & TMJ Therapy Center

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### **Lisa Pounders**

*"Patient receives relief from TMJ symptoms and loses weight in the process"*

My name is Lisa Pounders and I live in Little Rock, Arkansas. I came to Dr. Beavers with pain in my ears and problems sleeping, headaches, depression, tension in my scalp and a crooked jaw. They fitted me in a splint and then placed me in braces. I immediately noticed the change in my facial structure. I wanted the treatment to go fast because the more they did the better I felt. I even noticed that I could breathe better, which I did not know related to my teeth and jaw. After only one month I had no headaches or pain in my jaw or ears. According to

my family and friends I look ten years younger! In fact people are always telling me I look so much better. I feel better and have lost thirty-four pounds in the process. Dr. Beavers is one of the kindest most professional people I have ever had the pleasure to meet. He is truly interested in your welfare and his staff is the best! They never have a bad day they are always kind and caring. I will forever be their patient and have made my four children patients as well. I cannot say enough good things about the treatment Arkansas Dental Health and TMJ Therapy Centers provide. Tina Fowler cleans my teeth and has the newest and greatest techniques. Brittany has always done the work on my braces and has done an awesome job. Dr. Beavers has the newest technology and spares no expense for his patients. I feel like they are my family!